**BETTER HOME AND COMMUNITY CARE FOR OUR SENIORS**

- MOH is re-doubling efforts to develop a comprehensive suite of aged care services that are accessible, affordable and of good quality, to help our seniors age in place gracefully.

- MOH will provide support so that the majority of our seniors can be well cared for in their familiar home environment. To achieve the vision of “care at home”, we will develop a more holistic and integrated system to support the care of our seniors, backed by strong support from the community.

- This year, we are focusing on building up home-based care services, by enhancing three ‘C’s – expanding Capacity, making home care more Comprehensive, and enhancing Caregiver support.

### HOME CARE DEVELOPMENT PLAN

1. **Continuing to invest in expanding home-based care services**
   - MOH has and will continue to invest in expanding home-based care services so that more seniors and their caregivers can benefit. Since 2012, new and existing home care providers have received funding to help them set up new offices, put in place systems and processes, and hire manpower to scale up their home care services.

<table>
<thead>
<tr>
<th>Home Care services</th>
<th>Capacity in 2012 (Places)</th>
<th>Current Capacity (Places)</th>
<th>Target Capacity (Places)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home Medical and Nursing</td>
<td>4,600</td>
<td>5,400</td>
<td>10,000 by 2020</td>
</tr>
<tr>
<td>Home-based Personal Care</td>
<td>500</td>
<td>1,100</td>
<td>7,500 by 2020</td>
</tr>
<tr>
<td>Transitional Care</td>
<td>1,300</td>
<td>2,000</td>
<td>4,200 by 2016</td>
</tr>
</tbody>
</table>

2. **Enriching the scope of home care services**
   - MOH is enriching the scope of subsidised home care services available, and making our suite of home care services more comprehensive, so that we can better meet the diverse needs of seniors and their caregivers. Together, they form a comprehensive suite of subsidised home care services to support seniors at home.
   - The existing range of subsidised home care services available today includes home medical and nursing, home-based personal care, transitional care and home palliative service.
   - The new services will include:
     - **Interim Caregiver Service**: Introduced in March 2013, this service provides seniors with a much longer period of care -- 12 hours of personal care every day, for up to 12 days over a period of two weeks -- right after they are discharged from hospitals. It will be expanded to all major restructured
hospitals and community hospitals this year.

- **Home-based Rehabilitation services:** From 1 April 2014, we will also extend subsidies to home-based rehabilitation services. Please refer to ANNEX A.
- **Home Environment Assessment:** From 1 April 2014, we will also extend subsidies for home environment assessment services to seniors who are receiving home-based care services. Please refer to ANNEX A.

### 3. Making home care more integrated and client-centric

- The Agency for Integrated Care will be working with several homecare providers to better coordinate, and fully integrate where possible, home healthcare and home-based personal care for our seniors at home.
- MOH has been providing funding support for providers to expand their service offerings such that seniors can have all their needs met by a single provider.

### 4. Enhancing the way Home Nursing, home medical, and home-based personal care are funded

- MOH is studying a new way of funding these services.
- Providers will be funded on a per-client basis, where we will provide a fixed amount of funding per month for each senior under their care, based on the care needs of the senior.
- Such a funding model can better incentivise home care providers to look after their seniors’ needs more holistically and take a longer-term view to care planning. It also gives providers greater flexibility to plan, allocate and optimise an integrated package of services to cater to different seniors.
- We expect to implement this new model of funding in the 3rd quarter of this year.

### 5. Enhancing the quality of home care services

- MOH will be launching a set of **Home Care Guidelines** for public and industry consultation.

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### EXPANSION OF CENTRE-BASED ELDERCARE SERVICES

- MOH will also be expanding and enhancing eldercare centres to complement home care services. **Senior Care Centres** provide a range of aged care services such as, day care, dementia day care, day rehabilitation, and basic nursing services under one roof.

**Table 2:** Expansion in capacity of Centre-Based Eldercare Services

<table>
<thead>
<tr>
<th>Number of day care places in 2012</th>
<th>Number of day care places in 2014</th>
<th>Target number of day care places by 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,100</td>
<td>2,500</td>
<td>6,200</td>
</tr>
</tbody>
</table>

- In the past two years, eight new centres in different regions across Singapore have opened, providing a total of more than 400 additional day places. In 2014, another eight new centres will be opened, adding about 400 day places.
- To ensure quality of care delivery in our centres, MOH has worked with centre
operators to develop a set of **Centre-based Care Guidelines** and will be consulting seniors and caregivers in the coming months.

### ENHANCING CAREGIVER SUPPORT

- MOH will partner a few eldercare centres to **pilot weekend respite services** by the second half of this year. The caregivers who make use of these services can also be eligible for government subsidies.
- To help elderly and their caregivers navigate the numerous eldercare services in the community and provide them with support when needed, MOH will be setting up a **one-call centre** in the third quarter of 2014.
Home-Based Rehabilitation to be subsidised

Home-Based Rehabilitation

From 1 April 2014, we will also extend subsidies to home-based rehabilitation services. The objective is to bring rehabilitation in a timely manner to the homes of seniors who are unsuitable or unable to access rehabilitation services in community hospitals or day care centres. Seniors can be referred for the following services:

a. **Active home-based rehabilitation** where a therapist will visit the senior at home to assess and carry out rehabilitation services for up to 4 months, to enable the senior to regain as much of his functional status as possible and to remain independent at home and in the community.

b. **Supportive home-based rehabilitation** where a therapist will design and review maintenance exercises for the senior every six months and teach his caregiver to help the senior carry these exercises on a regular basis.

Home Environment Assessment

From 1 April 2014, we will also extend subsidies for home environment assessment services to seniors who are receiving home-based care services. Therapists will conduct assessments of seniors’ homes to identify home hazards and recommend home modifications, like grab-bars or ramps for wheel-chairs. This helps them to move around safely in their own homes after discharge from the hospital.

Seniors can also seek help from the home care providers to tap on existing sources of funding, such as the Seniors’ Mobility and Enabling Fund (SMF) to enjoy subsidies for mobility aids and devices, or HDB’s Enhancement for Active Seniors (EASE) funding for the necessary home modifications.

Subsidies for Home-Based Rehabilitation and Home Environment Assessment services

Subsidies will be available to Singapore citizens and permanent residents who are receiving care from MOH-funded service providers. The level of subsidies will be based on means testing.

<table>
<thead>
<tr>
<th>Per Capita Monthly Household Income</th>
<th>Subsidy Quantum Per Visit for Singapore Citizens (S$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0 to $700</td>
<td>97</td>
</tr>
<tr>
<td>$701 to $1,100</td>
<td>91</td>
</tr>
<tr>
<td>$1,101 to $1,600</td>
<td>73</td>
</tr>
<tr>
<td>Income Range</td>
<td>Count</td>
</tr>
<tr>
<td>-----------------------</td>
<td>-------</td>
</tr>
<tr>
<td>$1,601 to $1,800</td>
<td>61</td>
</tr>
<tr>
<td>$1,801 to $2,600</td>
<td>36</td>
</tr>
<tr>
<td>$2,601 and above</td>
<td>-</td>
</tr>
</tbody>
</table>

Medical social workers or administrative staff of the restructured hospitals or the intermediate-long term care service providers or Agency for Integrated Care will assist seniors needing such care with their application for government subsidies.