**ADVISORY ON THE COVID-19 (Coronavirus Disease 2019) IN CHINA**

**DEFER** non-essential travel to mainland China due to evolving COVID-19 situation

If you are travelling overseas, **DON’T**

- Go near live animals, including poultry & birds
- Eat raw and undercooked meats
- Be in crowded places and around people who are unwell

**DO**

- Wash hands frequently with soap
- Wear a mask if you have a cough or runny nose
- Cover your mouth with a tissue paper when coughing or sneezing
- See a doctor if you feel unwell

Upon return to Singapore, monitor your health closely for 2 weeks and see a doctor if unwell.

Do not spread rumours. Get the latest on the COVID-19 by signing up for the Gov.sg WhatsApp channel (www.go.gov.sg/whatsapp) or at the MOH website (www.moh.gov.sg)

Updated: 12 Feb 2020