What is COVID-19?

- The COVID-19 (Coronavirus Disease 2019) is a new coronavirus strain identified in China, which has caused cases of severe pneumonia in China.
- Coronavirus is a family of viruses known to cause illnesses ranging from common cold to pneumonia.
- Cases of COVID-19 have been exported to other cities and countries, including Singapore.

Typical Symptoms include Cough, Runny Nose, Fever and Shortness of Breath

**MONITOR YOUR HEALTH CLOSELY**

1. All Travellers to monitor your health closely for 2 weeks upon returning to Singapore.
2. If you have fever, cough or runny nose, wear a mask and seek medical attention promptly.
3. Call the clinic ahead of your visit and inform the doctor of your symptoms and travel history.

**PRECAUTIONS TO TAKE**

- Avoid consumption of raw and undercooked meat.
- Avoid crowded places and being around people who are unwell.
- Observe good personal hygiene at all times.
- Wash hands frequently with soap.
- Wear a mask if you have a cough or runny nose.
- Cover your mouth with a tissue paper when coughing or sneezing.
- See a doctor if you are unwell.

REMAIN VIGILANT AND ADOPT GOOD PERSONAL HYGIENE PRACTICES.

The situation is evolving. Check MOH website for regular updates: [www.moh.gov.sg](http://www.moh.gov.sg)