

LIST OF CLINICS IN TAMPINES OPEN ON FRIDAY 24 JAN 2020

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TEL	OPENING HOURS
1	ABLE MEDICAL	Blk 201D	TAMPINES STREET 21	01	1129		524201	69093955	8.30AM-1.00PM
2	ACCESS MEDICAL (TAMPINES 730)	Blk 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
3	ADIDAH FAMILY CLINIC & SURGERY	Blk 821	TAMPINES ST 81	01	210		520821	67845435	9.00AM-12.00PM
4	ALLHEALTH FAMILY CLINIC	Blk 872C	TAMPINES STREET 86	01	01		523872	67026467	9.00AM-2.00PM
5	ANSAR CLINIC	Blk 138	TAMPINES STREET 11	01	126		521138	67816694	8.20AM-11.30AM 2.30PM-5.00PM
6	CAMBRIDGE CLINIC	Blk 250	TAMPINES ST 21	01	510		520250	67818282	8.30AM-12.30PM
7	CECILIA FAMILY CLINIC & SURGERY	Blk 484	TAMPINES ST 43	01	224		520484	67883812	9.00AM-12.00PM
8	CHARIS CLINIC & SURGERY	Blk 164	TAMPINES ST 12	01	295		521164	67822332	8.30AM-12.30PM
9	CHERN MEDICAL CLINIC	Blk 138	TAMPINES ST 11	01	112		521138	67810036	8.30AM-12.00PM
10	CHIA & LEE MEDICAL & DENTAL CLINIC	Blk 802	TAMPINES AVE 4	01	15		520802	67812969	8.30AM-12.30PM
11	CROSSROADS FAMILY CLINIC	Blk 601B	TAMPINES AVENUE 9	01	10	TAMPINES GREENRIDGES	522601	65927080	8.00AM-12.30PM
12	DAYSRING MEDICAL CLINIC (TAMPINES)	2	TAMPINES CENTRAL 5	04	09	CENTURY SQUARE	529509	67890123	9.00AM-1.00PM
13	EMMANUEL MEDICAL CLINIC	Blk 272	TAMPINES ST 22	01	26		520272	67810810	9.00AM-12.30PM
14	FAITH CLINIC (SIMEI)	Blk 139	SIMEI ST 1	01	10		520139	67884303	8.30AM-12.30PM
15	FAITH HEALTHCARE (TAMPINES)	11	TAMPINES STREET 32	01	11	TAMPINES MART	529287	64433843	8.30AM-12.30PM
16	FAITH MEDICAL CLINIC & SURGERY	Blk 487C	TAMPINES ST 45	B1	103		522487	67881061	9.00AM-12.30PM
17	FRONTIER MEDICAL ASSOCIATES	Blk 494	TAMPINES STREET 45	01	02		523494	67450875	8.30AM-12.30PM
18	FULLERTON HEALTH @ WATSONS (CHANGI CITY POINT)	5	CHANGI BUSINESS PARK CENTRAL 1	B1	14/15	CHANGI CITY	486038	63336636	9.00AM-1.00PM
19	GREENFOREST FAMILY CLINIC	Blk 878C	TAMPINES AVENUE 8	01	71		523878	67850157	9.00AM-2.00PM
20	HEALTHWAY MEDICAL	Blk 710	TAMPINES ST 71	01	134		520710	62609081	8.30AM-1.00PM 2.00PM-5.00PM
21	HEALTHWAY MEDICAL	Blk 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-1.00PM 2.00PM-5.00PM
22	HEALTHWAY MEDICAL	Blk 503	TAMPINES CENTRAL 1	01	311		520503	67890383	8.30AM-1.00PM 2.00PM-5.00PM
23	HEARTLANDHEALTH	Blk 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
24	HONG FAMILY CLINIC	282	TAMPINES ST 22	01	300		520282	67843300	8.30AM-12.00PM
25	HWANG & LIANG FAMILY CLINIC & SURGERY	Blk 476	TAMPINES ST 44	01	173		520476	67888888	8.30AM-12.00PM
26	K2 MEDICAL CLINIC	Blk 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	65363605	9.00AM-12.00PM
27	KAI MEDICAL CLINIC	5	TAMPINES STREET 32	02	05	TAMPINES MART	529284	67891112	9.00AM-12.30PM
28	KARRI FAMILY CLINIC	Blk 866A	TAMPINES ST 83	03	05	TAMPINES CENTRAL COMMUNITY COMPLEX	521866	67850311	8.30AM-12.30PM
29	LER CLINIC & SURGERY	Blk 835	TAMPINES ST 83	01	10		520835	67886279	8.30AM-12.30PM
30	MEDILIFE CLINIC & SURGERY	Blk 474	TAMPINES ST 43	01	122		520474	67813168	8.30AM-11.45AM
31	MEDINA MEDICAL CENTRE	Blk 479	TAMPINES STREET 44	01	231		520479	65882756	8.00AM-12.30PM 2.30PM-5.00PM
32	NEPTUNE HEALTHCARE MEDICAL & SURGERY	Blk 328	TAMPINES STREET 32	01	362		520328	67818030	9.00AM-6.00PM
33	NIKS MAPLE CLINIC	Blk 825	TAMPINES STREET 81	01	64		520825	67839038	9.00AM-1.00PM
34	ONECARE CLINIC TAMPINES	Blk 827	TAMPINES STREET 81	01	142		520827	64435938	8.00AM-3.00PM
35	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	8.00AM-4.00PM 5.00PM-10.00PM
36	ONG CLINIC	Blk 139	TAMPINES STREET 11	01	56		521139	67891328	8.30AM-12.15PM
37	OUR FAMILY PHYSICIAN CLINIC & SURGERY	Blk 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-2.00PM 6.00PM-11.00PM
38	PRAISE FAMILY CLINIC	Blk 717	TAMPINES ST 72	01	75		520717	67843785	8.30AM-12.30PM
39	Q & M MEDICAL & AESTHETIC CLINIC (TAMPINES CENTRAL) PTE. LTD.	10	TAMPINES CENTRAL 1	04	18/19	TAMPINES ONE	529536	67813323	9.00AM-1.00PM
40	RAFFLESMEDICAL	1	CHANGI BUSINESS PARK CRESCENT	01	11	PLAZA 8	486025	67819033	8.30AM-1.00PM
41	RAFFLESMEDICAL	5	CHANGI BUSINESS PARK CENTRAL 1	B1	55/56	CHANGI CITY POINT	486038	66361251	8.30AM-1.00PM
42	RAFFLESMEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	67878023	8.00AM-1.00PM
43	RAFFLESMEDICAL	3	SIMEI STREET 6	02	27	EASTPOINT MALL	528833	66361458	8.30AM-1.00PM

44	RUBY MEDICAL CENTRE PTE LTD	Bik 505	TAMPINES CENTRAL 1	01	339		520505	67837847	8.30AM-12.30PM
45	S K TAY CLINIC & SURGERY	Bik 827	TAMPINES ST 81	01	140		520827	67836611	8.30AM-12.00PM
46	SATA COMMHEALTH MEDICAL CENTRE	5	TAMPINES CENTRAL 6	01	01A	TELEPARK	529482	67878030	8.30AM-12.30PM
47	SHENTON MEDICAL GROUP	2	CHANGI BUSINESS PARK AVENUE 1	01	03	UE BIZHUB EAST	486015	66362490	8.30AM-1.00PM
48	SIMEI CLINIC & SURGERY	Bik 248	SIMEI ST 3	01	132		520248	67855021	9.00AM-12.30PM
49	SINGAPORE MEN'S HEALTH CLINIC	Bik 201B	TAMPINES STREET 21	02	1097		522201	67857888	8.30AM-12.30PM
50	STREET 21 CLINIC (TAMPINES)	Bik 201B	TAMPINES ST 21	02	1097		522201	67857888	8.30AM-12.30PM
51	TAMPINES CLINIC AND SURGERY PTE LTD	Bik 139	TAMPINES ST 11	01	10		521139	67810072	8.30AM-12.30PM
52	TAMPINES MEDICAL CENTRE	Bik 267	TAMPINES STREET 21	01	41		520267	67815111	8.30AM- 12.30PM
53	TAMPINES MEDILIFE CLINIC	Bik 801	TAMPINES AVE 4	01	263		520801	67825142	9.00AM-12.00PM
54	THE S.K.MED CLINIC	10	TAMPINES CENTRAL 1	05	25	TAMPINES ONE	529536	65090079	11.00AM-3.00PM
55	TRINITY MEDICAL & AESTHETIC CLINIC	Bik 151	SIMEI STREET 1	01	33		520151	62602822	8.30AM-12.00PM
56	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
57	UNITED MEDICAL PRACTITIONERS	Bik 139	TAMPINES STREET 11	01	16		521139	67812281	8.30AM-12.30PM
58	VIVA MEDICAL CLINIC	Bik 450A	TAMPINES STREET 42	01	356		521450	67828020	9.00AM-12.00PM
59	VIVA MEDICAL GROUP	Bik 519A	TAMPINES CENTRAL 8	01	08		521519	66357240	9.00AM-12.15PM
60	Y M CHAN CLINIC & SURGERY	Bik 406	TAMPINES ST 41	01	31		520406	67831806	8.30AM-12.00PM

LIST OF CLINICS IN TAMPINES OPEN ON SATURDAY 25 JAN 2020

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TEL	OPENING HOURS
1	ACCESS MEDICAL (TAMPINES 730)	Bik 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
2	ANSAR CLINIC	Bik 138	TAMPINES STREET 11	01	126		521138	67816694	9.00AM-12.30PM
3	HEARTLANDHEALTH	Bik 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
4	MEDINA MEDICAL CENTRE	Bik 479	TAMPINES STREET 44	01	231		520479	65882756	8.30AM-12.30PM
5	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	11.00AM-4.00PM 5.00PM-10.00PM
6	OUR FAMILY PHYSICIAN CLINIC & SURGERY	Bik 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-2.00PM 6.00PM-11.00PM
7	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM

LIST OF CLINICS IN TAMPINES OPEN ON SUNDAY 26 JAN 2020

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TEL	OPENING HOURS
1	ACCESS MEDICAL (TAMPINES 730)	Bik 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
2	ANSAR CLINIC	Bik 138	TAMPINES STREET 11	01	126		521138	67816694	9.00AM-12.30PM
3	HEALTHWAY MEDICAL	Bik 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-1.00PM
4	HEARTLANDHEALTH	Bik 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM
5	K2 MEDICAL CLINIC	Bik 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	65363605	9.00AM-12.00PM 6.00PM-9.00PM
6	MEDINA MEDICAL CENTRE	Bik 479	TAMPINES STREET 44	01	231		520479	65882756	8.30AM-12.30PM
7	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	11.00AM-4.00PM 5.00PM-10.00PM
8	OUR FAMILY PHYSICIAN CLINIC & SURGERY	Bik 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-2.00PM 6.00PM-11.00PM
9	RAFFLES MEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	67878023	8.30AM-1.00PM
10	SIMEI CLINIC & SURGERY	Bik 248	SIMEI ST 3	01	132		520248	67855021	9.00AM-12.30PM 2.00PM-5.00PM 7.00PM-9.30PM

11	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
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LIST OF CLINICS IN TAMPINES OPEN ON MONDAY 27 JAN 2020

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TEL	OPENING HOURS
1	ACCESS MEDICAL (TAMPINES 730)	Blk 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM 6.00PM-12.00AM
2	ANSAR CLINIC	Blk 138	TAMPINES STREET 11	01	126		521138	67816694	9.00AM-12.30PM
3	CHIA & LEE MEDICAL & DENTAL CLINIC	Blk 802	TAMPINES AVE 4	01	15		520802	67812969	8.30AM-12.00PM
4	CHUA MEDICAL CENTRE PTE LTD	Blk 248	SIMEI ST 3	01	134		520248	67853825	9.00AM-12.30PM 2.30PM-6.00PM
5	CROSSROADS FAMILY CLINIC	Blk 601B	TAMPINES AVENUE 9	01	10	TAMPINES GREENRIDGES	522601	65927080	8.00AM-12.30PM
6	HEALTHWAY MEDICAL	Blk 710	TAMPINES ST 71	01	134		520710	62609081	8.30AM-1.00PM
7	HEALTHWAY MEDICAL	Blk 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-1.00PM
8	HEARTLANDHEALTH	Blk 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	7.00AM-1.00PM 6.00PM-12.00AM
9	K2 MEDICAL CLINIC	Blk 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	65363605	9.00AM-12.00PM 6.00PM-9.00PM
10	MEDINA MEDICAL CENTRE	Blk 479	TAMPINES STREET 44	01	231		520479	65882756	8.30AM-12.30PM
11	NEPTUNE HEALTHCARE MEDICAL & SURGERY	Blk 328	TAMPINES STREET 32	01	362		520328	67818030	9.00AM-7.00PM
12	ONECARE CLINIC TAMPINES	Blk 827	TAMPINES STREET 81	01	142		520827	64435938	9.00AM-12.00PM 6.00PM-9.00PM
13	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	8.00AM-4.00PM 5.00PM-10.00PM
14	OUR FAMILY PHYSICIAN CLINIC & SURGERY	Blk 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-2.00PM 6.00PM-11.00PM
15	RAFFLES MEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	67878023	8.30AM-9.30PM
16	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
17	VIVA MEDICAL CLINIC	Blk 450A	TAMPINES STREET 42	01	356		521450	67828020	8.45AM-12.00PM 2.00PM-5.00PM 7.00PM-9.30PM