



MINISTRY OF HEALTH
SINGAPORE
MH 50:01/2

04 Mar 2015

Licensees/Managers of all clinics

PROVISION OF INTRAVENOUS INFUSION OF VITAMINS, GLUTATHIONE AND HORMONAL TREATMENT IN LICENSED HEALTHCARE INSTITUTIONS

It has come to Ministry's attention that some clinics are offering the following therapies which are not evidence based:

- Intravenous (IV) Infusion Vitamin B & C for herpes zoster, boosting the immune system for patients on chemotherapy and rehydration following fever and diarrhoea,
- IV Glutathione for fatigue,
- IV injections of progesterone, oestrogen, testosterone, DHEA and thyroid hormones to treat cognitive decline, weight gain, osteoporosis, skin ageing, fibromyalgia and sleep disorders and
- Testosterone for hormonal replacement.

2 The Ministry would like to remind all licensees that non-evidence based treatment shall not be provided in licensed healthcare institutions. Such non-evidence based treatments shall only be conducted in the context of a formal clinical trial with approval from the Health Science Authority (HSA).

3 Continuing practice of non-evidence based treatment will be referred to Singapore Medical Council for further review and may warrant suspension of clinic license and enforcement actions to be initiated against the licensee and practitioner.

4 Please contact MOH via email at eLIS@moh.gov.sg if you have any queries on this circular.

PETER LEE
DEPUTY DIRECTOR (LICENSING, INSPECTION & AUDIT)
REGULATORY COMPLIANCE & ENFORCEMENT DIVISION
for DIRECTOR OF MEDICAL SERVICES

cc Prof Tan Ser Kiat, President Singapore Medical Council



Ministry of Health, Singapore
College of Medicine Building
16 College Road
Singapore 169854
FAX (65) 6224 1677
WEB www.moh.gov.sg