

Supporting Singaporeans in adopting a Healthier Lifestyle

Empowering Singaporeans to take charge of their health

Subsidies for selected vaccinations for adults

- Subsidies for vaccinations recommended under the National Adult Immunisation Schedule to help protect against vaccine-preventable diseases
- Targeted roll out before end-2020



Personalised e-health coaching solutions to achieve health goals

- Smart wearable devices to capture biometric data and send personalised nudges to motivate users

Personal Lifelong Virtual Health Booklet

- A comprehensive personal health repository for individuals to track their health status as well as medical appointments
- First minimum viable product for 40 – 59 years old in Q4 2020



More support for smokers to quit smoking

- Pilot programmes at public healthcare institutions targeting patients who are smokers, as well as pregnant smokers and their spouses
- Subsidies for nicotine replacement therapy to complement counselling
- Pilots to run from March 2020

