

## ANNEX: Recipients of President's Awards for Nurses 2018



**Ms Ng Gaik Nai (黃玉蓮)**

**Chief Nurse, KK Women's and Children's Hospital &  
Deputy Group Chief Nurse, SingHealth Services  
Age: 51**

Establishing a dedicated Nursing Informatics unit to integrate IT into clinical practice and introducing radio-frequency identification tagging in the obstetric wards are some examples of how Gaik Nai has employed technology to advance nursing practice and improve patient care processes at KK Women's and Children's Hospital (KKH).

Her commitment to patient care extends beyond KKH into the community. Gaik Nai worked with a multidisciplinary team to establish a paediatric ward in a community hospital, and facilitated training for the community nurses to provide specialised nursing care to babies and children with chronic illnesses and special needs. Such long-term care services for paediatric patients were previously not available.

Under her leadership, her team also collaborated with the Prime Minister's Office, National Population and Talent Division, to develop an infant care training programme for caregivers.

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**Ms Soh Poh Choo Mona** (蘇宝珠)  
**Director of Nursing, Gleneagles Hospital**  
**Age: 46**

After 19 years in the public sector, Mona moved to Parkway Pantai in 2012, where she helped establish the group's nursing leader's programme to develop strong middle managers. She was also an active member of a workgroup that developed the nursing philosophy that guides and directs clinical and service excellence standards, and professionalism among nurses across the group's four hospitals in Singapore.

Mona is a hands-on leader who walks the ground and knows her staff at all levels. Her knowledge of nursing operations enabled her to be able to pre-empt issues before they develop into problems. She also works closely with nurse educators ensure the group's preceptor training programme and nursing competency framework are updated and evidence-based.

Mona also continues to contribute to nursing at the national level as an active member of various national committees, including her recent appointment as a member of the NUS Nursing Advisory Committee. She also serves on the Singapore Nursing Board and its various committees.

Mona is also passionately invested in nurturing the next generation. She served as an adjunct lecturer at the Alice Lee Centre for Nursing Studies, National University of Singapore, and subsequently as a lecturer at Parkway College. She also served on the board Curtin University's School of Nursing and Midwifery.

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**Ms Shirley Heng (王雪莉)**  
**Deputy Chief Nurse, Khoo Teck Puat Hospital**  
**Age: 44**

Shirley has contributed to nursing development at institution, cluster and national levels.

She is a proponent of modernising clinical practice and harnessing technology. She played a key role in Alexandra Hospital's migration to an electronic work environment, and is the Champion Lead for Inpatient Electronic Medical Records. She is also the Nursing Champion Lead in planning and implementing the electronic nursing documentation and physician order entries.

She has led nursing teams to plan, develop and actualise the Transit Ward, Renal Ward, and Acute Medical Unit services and is a member of the Yishun Health Work Plan Team to continue to drive work on other key deliverables.

Shirley was also seconded to the Ministry of Health from 2010 to 2012 as Assistant Chief Nursing Officer where she contributed to the development of nursing through her participation in the National Nursing Taskforce and Future Nursing Career Review Committee.

She is well-respected by her staff as being a nurturing leader and conducts leadership training for and mentors junior and middle-management nurses.

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**Ms Goh Meh Meh** (吴美美)  
**Deputy Director of Nursing, Singapore General Hospital**  
**Age: 61**

Meh Meh is deemed by her peers as an icon of Operating Theatre (OT) nursing, and Theatre Sterile Supplies Unit (TSSU). A visionary leader, she led a four-year project to transform TSSU into a state-of-the-art facility with advanced sterile processing capabilities through IT automation. Thousands of instruments can now be tracked efficiently and accounted for to ensure high levels of quality.

She also successfully optimised OT utilisation to reduce surgery wait time for patients.

Her expertise is highly sought-after by many departments and nursing leaders in the region, and she readily shares her expertise at conferences locally and overseas. She has been involved in many projects including the Ambulatory Surgery Centre, OT Management Systems, Sengkang General Hospital and the new Elective Care Centre.

Despite her busy schedule and leadership position, she continues to assist in critical cases like burns, where timely intervention is crucial to patients' survival.

Meh Meh also mentors and nurtures nursing talent to ensure succession planning and creates learning opportunities.

Meh Meh is an exceptionally passionate volunteer and has contributed more than 25 years to medical missions in Asia.

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**Ms Ang Ching Ching (洪贞贞)**  
**Advanced Practice Nurse & Senior Nurse Clinician, Tan Tock Seng Hospital**  
**Age: 41**

Ching Ching started out her career as an infectious diseases nurse and transitioned to end of life care. In 2010, she became Tan Tock Seng Hospital (TTSH)'s first Advanced Practice Nurse trained in palliative care. Since then, she has played a pivotal role in setting up a dedicated palliative care ward, built up TTSH's palliative nursing care services through teaching and also spearheaded a home-hospice care service for patients with end-stage organ failure.

Beyond TTSH, Ching Ching also teaches palliative care at specialist diploma and master levels. She is committed to train IMH nurses in palliative care, and is the nursing lead for a team helping to raise palliative care standards in Kunming, China, under the auspices of the Singapore International Foundation. She has also authored many chapters in *The Bedside Palliative Medicine Handbook* and helped to develop Palliative Care Nursing course materials for the Lien Centre for Palliative Care.

Ching Ching is widely respected by clinicians and nurses for her clinical knowledge and skills, and for being a humble and nurturing servant leader.

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**Ms Li Wei (李伟)**

**Advanced Practice Nurse & Senior Nurse Clinician,  
National Neuroscience Institute  
Age: 50**

Li Wei specialises in Parkinson Disease and Movement Disorders. She established the Advanced Practice Nurse (APN)-led clinic with Movement Disorder specialists to monitor patients' progress and ensure timely reviews. Li Wei is instrumental in the care transition for patients who have undergone Deep Brain Stimulation (DBS). In collaboration with the DBS service clinicians, she co-ordinates patients' journey from assessment to surgery and post-operative care. She is certified to perform DBS programming which is usually managed by a neurologist.

Li Wei steered quality and innovation projects to optimise patient care, such as reducing unnecessary admissions for Parkinson patients who require basic procedures and those who have had uncomplicated falls. She spearheads the integrated community care and homecare training programmes, integral to patients' holistic rehabilitation.

Li Wei is an active researcher on Parkinson Disease; she has contributed chapters to books and published many research papers, including two publications as first author, in the Movement Disorders Clinical Practice Journal.

Li Wei mentors junior nurses and shares her expertise with nursing colleagues, and multi-disciplinary team members. She is also an adjunct lecturer at the Alice Lee Centre of Nursing Studies, National University of Singapore.

Li Wei is also an active volunteer with Parkinson Society Singapore.