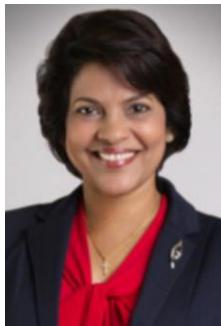


ANNEX: Recipients of the President's Award for Nurses 2019



Ms Jancy Mathews
Chief Nurse
National University Polyclinics
Age: 58

Throughout her career, Jancy has played key leadership roles as a clinician and administrator. She was instrumental in setting up the nursing leadership team in National University Polyclinics (NUP) by building up a strong team of nurse leaders.

Jancy sets high standards for patient safety and quality care and is actively involved in various Clinical and Quality committees at the national, cluster and institution levels. She is a current faculty member of the Singapore Healthcare Improvement Network and the implementation expert for the Prevention of Healthcare Associated Infections work stream. Over the years, she has coached and mentored many participants and improvement teams.

Jancy's passion for developing nurses can also be seen through her collaborative work with the NUS Alice Lee Centre for Nursing Studies. Within a year, Jancy worked together with the NUS Nursing team to develop the Certificate in Chronic Disease Management programme. This training programme enables registered nurses and healthcare practitioners to be equipped with the skills and knowledge in chronic disease management.

Beyond mentorship, Jancy also has a passion for preventive health and has developed strategies to increase the uptake of vaccinations amongst the vulnerable population. She led the development of an electronic immunisation system which helps nurses provide vaccinations independently and reduce the risk of vaccination errors, which ultimately enhances patient safety.

Being trained in neonatal nursing, Jancy also led the collaboration with NUH's Neonatology team to implement Transcutaneous Bilirubinometry for neonates in NUP. This service is now offered to neonates in all polyclinics in Singapore.

Following the Ministry of Health's (MOH) roll out of collaborative prescribing services, Jancy worked with a group of NUP clinicians to develop and put in place the necessary collaborative practice agreement and governance framework to facilitate the credentialing of qualified Advanced Practice Nurses in NUP as collaborative prescribers.

Throughout her career, Jancy has provided guidance in the training and development of nurses. She has been and remains very much an inspiring role model, a caring nurse leader and a committed mentor.

ANNEX: Recipients of the President's Award for Nurses 2019



Ms Samantha Ong Bee Cheng (王美贞)
Chief Nurse
Institute of Mental Health
Age: 53

Samantha started her career as a staff nurse 33 years ago with the former Woodbridge Hospital. She has not only witnessed the transformation of mental healthcare services in Singapore, but with her strong leadership, also played a pivotal role in the shift from a custodial care model to one that is focused on recovery and community.

As part of the Community Psychiatric Nursing programme, Samantha was one of the pioneers in bringing psychiatric care to patients in their homes. She is a strong advocate of psychiatric recovery and rehabilitation, and believes in every person's potential for recovery. Various recovery programmes have been set up under her leadership and guidance to help long-stay patients regain confidence and develop practical skills to reintegrate to the community. These include setting up a hydroponic garden for patients to grow and harvest vegetables and providing jobs for patients at the IMH kitchen and Nursing Training Department.

Samantha places great emphasis on evidence-based practice and promotes research to her nurses. She has co-authored clinical practice guidelines and research papers, and contributed to books on mental health. She also introduced the use of technology and innovation such as patient lifters, medical devices integration and macerators to reduce the time nurses spend on menial tasks.

As a hands-on leader who walks the ground, she is able to identify areas for improvement in nursing work processes and introduce solutions to challenges. She implemented a 5-day work week for nurses as well as healthcare assistants and health attendants as she believes that work-life harmony is necessary to build a motivated and high performance workforce.

Despite her busy schedule, she volunteers to chaperone patients on outings and cycles regularly with them. Her warmth and willingness to go the extra mile has endeared her to patients. During the Mid-Autumn Festival celebrations last year, she surprised a patient by singing two songs by Teresa Teng. The patient, who often called her "Teresa Teng" as he thinks she resembles his favourite singer, was delighted and thanked her after the impromptu performance.

ANNEX: Recipients of the President's Award for Nurses 2019



Ms Jenny Sim Teck Meh (沈德妹)
Chief Nurse
Ren Ci Hospital
Age: 68

Teck Meh has more than 40 years of experience in nursing as well as in hospital operations and services development. At Ren Ci, she is a key member of the workgroup which designed the new environment and person-centred care model across its facilities. This involved defining and creating a new Resident Care Associate job role and career path as well as working with the Institute of Technical Education to develop the training curriculum at the Higher Nitec level.

She works with various teams to increase efficiency, improve the nurses' skills and care processes for patients who need palliative care and dementia care. She also takes care of patients with tracheostomies who are on long-term ventilators. She is an advocate for the use of technology to enhance nursing care such as patient hoists, toilet sensors and wound management applications.

She has been conducting collaborative research and presenting papers since the 1990s. She now mentors and guides junior staff in presentation skills and provides them with opportunities to present at local and international conferences.

Teck Meh is also an active member of various Agency of Integrated Care committees and has been the Chairperson of the Professional Conversion Programme selection panel for nurses since August 2018.

Outside of work, Teck Meh volunteers at the medical clinic run by her church, and is also involved in a food distribution project for the elderly and foreign workers in Singapore.

ANNEX: Recipients of the President's Award for Nurses 2019



Mr Tay Wei Sern (鄭韋昇)
Deputy Director, Health Sciences
School of Applied & Health Sciences
Institute of Technical Education
Age: 55

Under Wei Sern's strong leadership, his teams have introduced a number of nursing programmes and course-related initiatives for enrolled nurses to meet the changing needs of the healthcare sector. This includes the Certificate of Competency course for Medication Administration with tech-enablement for Enrolled Nurses (ENs), which was launched in July 2019 to equip ENs with pharmacological knowledge and competencies to administer prescribed medication to patients. Other initiatives include the Higher Nitec in Chronic Diseases and Integrated Care, as well as the Work-Learn Technical Diploma in Rehabilitation Care, which is open to the public.

He has also led the team to review the education and curriculum of ENs, and successfully shortened by six months the progression pathway for ENs who have done very well to embark on the Diploma in Nursing at polytechnics.

He actively participates in a number of national committees, and has been an active and strong member of the Singapore Nursing Board and its committees for over 10 years, contributing his knowledge and experience in areas such as standards for nursing education and ethics. His teams have also initiated programmes to help the needy, such as collaborating with optometrists to provide free eye examinations and visual aids.

His colleagues and students deem him to be dedicated and compassionate, and someone who believes in giving people a second chance in education. A number of such students have gone on to win top education awards and complete their nursing degrees. Four of his former students were also inspired by him and are now ITE Nursing Lecturers.

ANNEX: Recipients of the President's Award for Nurses 2019



Ms Ang Shin Yuh (洪欣玉)

**Deputy Director, Nursing Quality Research & Transformation
Singapore General Hospital**

Age: 40

Shin Yuh is first and foremost a nurse before she is a collaborative innovator, an effective mentor, a visionary leader, a keen researcher, and many other things all rolled into one.

She has led and developed numerous initiatives that not only enhance work efficiency and safety for her fellow nurses, she is also zealous about improving care quality and the way nurses deliver care.

Some of her projects include co-designing motorised trolley to transport the heavy dialysis and reverse osmosis machines, as well as a safe, efficient and ergonomic way of draining up to 20kg of peritoneal dialysis fluid which nurses would otherwise have to carry.

To make learning fun, engaging and convenient for nurses, Shin Yuh worked with game developers to create a 3D online simulation game for competency assessment of nurses in administering blood and blood products. This is in addition to her leading the change for in-service education, making it available on SingHealth E-learning platform.

Shin Yuh firmly believes in patient empowerment and has led the introduction of bedside tablets which patients can use to pose questions to their care team, find out their test results, and see their medication list, among other functions. The Minimal Viable Product for bedside tablet was successfully rolled out in November 2018 in an SGH ward. The project will be scaled up to more wards and other SingHealth institutions.

She has published 32 papers in peer-reviewed journals to date and co-authored a guide book on research for SingHealth nurses. Some of her research has in-turn changed practice in SGH.

As a part-time tutor at Curtin University and Singapore Institute of Technology, Shin Yuh generously shares her knowledge and expertise with students and nurses pursuing formal education.

She is highly respected and possesses the ability to connect well with all levels of staff across disciplines and departments. Despite the accolade she receives, Shin Yuh remains humble and driven to improve the status quo for patients and her peers.