

**LIST OF CLINICS IN TAMPINES OPEN ON THURSDAY 11 FEB 2021**

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
1	ADIDAH FAMILY CLINIC & SURGERY	BLK 821	TAMPINES ST 81	01	210		520821	67845435	9.00AM-12.00PM
2	ALLHEALTH FAMILY CLINIC	BLK 872C	TAMPINES STREET 86	01	01		523872	67026467	9.00AM-2.00PM
3	CAMBRIDGE CLINIC	BLK 250	TAMPINES ST 21	01	510		520250	67818282	8.30AM-12.30PM
4	CHARIS CLINIC & SURGERY	BLK 164	TAMPINES ST 12	01	295		521164	67822332	8.30AM-12.30PM
5	CHERN MEDICAL CLINIC	BLK 138	TAMPINES ST 11	01	112		521138	67810036	8.30AM-12.00PM
6	CHIA & LEE MEDICAL & DENTAL CLINIC	BLK 802	TAMPINES AVENUE 4	01	15	TAMPINES POLYVIEW	520802	67812969	8.30AM-12.00PM
7	CHOONG'S CLINIC	BLK 480	TAMPINES ST 44	01	261		520480	67885190	8.30AM-11.00AM
8	CROSSROADS FAMILY CLINIC	BLK 601B	TAMPINES AVENUE 9	01	10	TAMPINES GREENRIDGES	522601	65927080	8.00AM-12.30PM
9	DAYSRING MEDICAL CLINIC (TAMPINES)	2	TAMPINES CENTRAL 5	04	09	CENTURY SQUARE	529509	67890123	9.00AM-1.00PM
10	EDGEDALE MEDICAL CLINIC (TAMPINES)	614	TAMPINES NORTH DRIVE 1	01	01		520614	69800440	9.00AM-1.00PM
11	EMMANUEL MEDICAL CLINIC	BLK 272	TAMPINES ST 22	01	26		520272	67810810	8.30AM-12.30PM
12	FAITH CLINIC (SIMEI)	BLK 139	SIMEI ST 1	01	10		520139	67884303	8.30AM-12.30PM
13	GREENFOREST FAMILY CLINIC	BLK 878C	TAMPINES AVENUE 8	01	71		523878	67850157	9.00AM-2.00PM
14	HEALTHWAY MEDICAL	BLK 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-1.00PM 2.00PM-5.00PM
15	HEALTHWAY MEDICAL	BLK 503	TAMPINES CENTRAL 1	01	311		520503	67890383	8.30AM-1.00PM 2.00PM-5.00PM
16	HEALTHWAY MEDICAL	BLK 710	TAMPINES ST 71	01	134		520710	62609081	8.30AM-1.00PM 2.00PM-4.30PM
17	HEARTLANDHEALTH	BLK 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	8.00AM-1.00PM
18	HONG FAMILY CLINIC	282	TAMPINES ST 22	01	300		520282	67843300	8.30AM-12.00PM
19	K2 MEDICAL CLINIC	BLK 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	31650146	8.30AM-4.00PM
20	KARRI FAMILY CLINIC	BLK 866A	TAMPINES ST 83	03	05	TAMPINES CENTRAL COMMUNITY COMPLEX	521866	67850311	8.30AM-12.30PM
21	LITTLE CROSS FAMILY CLINIC PTE LTD	BLK 929	TAMPINES ST 91	01	445		520929	65440040	8.30AM-12.00PM
22	MEDILIFE CLINIC & SURGERY	BLK 474	TAMPINES ST 43	01	122		520474	67813168	8.30AM-12.00PM
23	MEDINA MEDICAL CENTRE	BLK 479	TAMPINES STREET 44	01	231		520479	65882756	8.00AM-12.30PM 2.30PM-5.00PM
24	NEPTUNE HEALTHCARE MEDICAL & SURGERY	BLK 328	TAMPINES STREET 32	01	362		520328	67818030	9.00AM-6.00PM

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
25	NIKS MAPLE CLINIC	BLK 825	TAMPINES STREET 81	01	64		520825	67839038	9.00AM-1.00PM
26	NORTHEAST MEDICAL GROUP	30	SIMEI STREET 3	02	01	SIMEI MRT STATION	529888	67838638	8.00AM-5.00PM
27	NORTHEAST MEDICAL GROUP	20	TAMPINES CENTRAL 1	01	25	TAMPINES MRT STATION	529538	67867848	8.00AM-1.00PM 2.00PM-5.00PM
28	ONECARE CLINIC TAMPINES	BLK 827	TAMPINES STREET 81	01	142		520827	64435938	8.00AM-2.00PM
29	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	8.00AM-3.00PM
30	ONG CLINIC	BLK 139	TAMPINES STREET 11	01	56		521139	67891328	8.30AM-12.15PM
31	OUR FAMILY PHYSICIAN CLINIC & SURGERY	BLK 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-12.00AM
32	PEAK MEDICAL CLINIC & SURGERY	BLK 601B	TAMPINES AVENUE 9	01	05	TAMPINES GREENRIDGES	522601	65136326	8.00AM-1.00PM
33	PRAISE FAMILY CLINIC	BLK 717	TAMPINES ST 72	01	75		520717	67843785	8.30AM-12.30PM
34	Q & M MEDICAL & AESTHETIC CLINIC (TAMPINES CENTRAL) PTE. LTD.	10	TAMPINES CENTRAL 1	04	18/19	TAMPINES ONE	529536	67813323	9.00AM-1.00PM
35	RAFFLESMEDICAL	1	TAMPINES STREET 73				528704	63055344	7.30AM-10.30AM
36	RAFFLESMEDICAL	3	SIMEI STREET 6	02	27	EASTPOINT MALL	528833	66361458	8.30AM-1.00PM
37	RAFFLESMEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	62605116	8.30AM-1.00PM
38	RUBY MEDICAL CENTRE PTE LTD	BLK 505	TAMPINES CENTRAL 1	01	339		520505	67837847	8.30AM-12.30PM
39	S K TAY CLINIC & SURGERY	BLK 827	TAMPINES ST 81	01	140		520827	67836611	8.30AM-12.30PM 2.00PM-4.30PM
40	SATA COMMHEALTH MEDICAL CENTRE	5	TAMPINES CENTRAL 6	01	01A	TELEPARK	529482	67878030	8.30AM-12.00PM
41	SIMEI CLINIC & SURGERY	BLK 248	SIMEI ST 3	01	132		520248	67855021	9.00AM-12.30PM
42	SIMEI MEDICAL CENTRE	BLK 248	SIMEI ST 3	01	104		520248	67814823	8.30AM-12.00PM
43	STREET 21 CLINIC TAMPINES PTE. LTD.	BLK 201B	TAMPINES ST 21	02	1097		522201	67857888	8.30AM-12.00PM
44	TAMPINES CLINIC AND SURGERY PTE LTD	BLK 139	TAMPINES ST 11	01	10		521139	67810072	8.30AM-12.30PM
45	TAMPINES MEDICAL CENTRE	BLK 267	TAMPINES STREET 21	01	41		520267	67815111	8.30AM-12.00PM
46	TAMPINES MEDILIFE CLINIC	BLK 801	TAMPINES AVE 4	01	263		520801	67825142	8.30AM-12.00PM
47	TAMPINES WEST MEDICAL CLINIC	BLK 801	TAMPINES AVENUE 4	01	269	TAMPINES POLYVIEW	520801	62231070	8.30AM-12.30PM
48	TRINITY MEDICAL & AESTHETIC CLINIC	BLK 151	SIMEI STREET 1	01	33		520151	62602822	8.30AM-1.00PM
49	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
50	TRUCCARE CLINIC	3	SIMEI STREET 6	01	09/10/ 11	EASTPOINT MALL	528833	93271300	9.00AM-2.00PM 6.00PM-9.00PM

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
51	UNITED MEDICAL PRACTITIONERS	BLK 139	TAMPINES STREET 11	01	16		521139	67812281	8.30AM-12.30PM 2.00PM-4.30PM
52	VIVA MEDICAL CLINIC	BLK 450A	TAMPINES STREET 42	01	356		521450	67828020	8.00AM-1.00PM
53	VIVA MEDICAL GROUP	BLK 519A	TAMPINES CENTRAL 8	01	08		521519	66357240	9.00AM-12.30PM
54	Y M CHAN CLINIC & SURGERY	BLK 406	TAMPINES ST 41	01	31		520406	67831806	8.30AM-12.00PM
55	YANG & CHIN MEDICAL & DENTAL ASSOCIATES YANG ING SHYONG MEDICAL & AESTHETIC CLINIC	BLK 139	TAMPINES ST 11	01	30		521139	67819192	9.00AM-12.30PM
56	YAO MEDICAL CLINIC	BLK 419	TAMPINES STREET 41	01	96		520419	67830232	8.30AM-12.30PM
57	YOONG FAMILY CLINIC & SURGERY	BLK 333	TAMPINES ST 32	01	536		520333	67826167	8.30AM-12.00PM

**LIST OF CLINICS IN TAMPINES OPEN ON FRIDAY 12 FEB 2021**

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
1	HEARTLANDHEALTH	BLK 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	8.00AM-1.00PM
2	MEDINA MEDICAL CENTRE	BLK 479	TAMPINES STREET 44	01	231		520479	65882756	8.30AM-12.30PM
3	OUR FAMILY PHYSICIAN CLINIC & SURGERY	BLK 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-12.00AM
4	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
5	TRUECARE CLINIC	3	SIMEI STREET 6	01	09/10/ 11	EASTPOINT MALL	528833	93271300	9.00AM-2.00PM 6.00PM-9.00PM

**LIST OF CLINICS IN TAMPINES OPEN ON SATURDAY 13 FEB 2021**

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
1	ANSAR CLINIC	BLK 138	TAMPINES STREET 11	01	126		521138	67816694	8.30AM-12.30PM
2	HEALTHWAY MEDICAL	BLK 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-1.00PM
3	HEARTLANDHEALTH	BLK 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	8.00AM-1.00PM
4	K2 MEDICAL CLINIC	BLK 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	31650146	8.30AM-12.00PM

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
5	MEDINA MEDICAL CENTRE	BLK 479	TAMPINES STREET 44	01	231		520479	65882756	8.30AM-12.30PM
6	NORTHEAST MEDICAL GROUP	30	SIMEI STREET 3	02	01	SIMEI MRT STATION	529888	67838638	10.00AM-6.00PM
7	NORTHEAST MEDICAL GROUP	20	TAMPINES CENTRAL 1	01	25	TAMPINES MRT STATION	529538	67867848	8.00AM-1.00PM
8	OUR FAMILY PHYSICIAN CLINIC & SURGERY	BLK 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-12.00AM
9	RAFFLESMEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	62605116	8.30AM-1.00PM
10	SIMEI CLINIC & SURGERY	BLK 248	SIMEI ST 3	01	132		520248	67855021	9.00AM-12.30PM
11	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
12	TRUECARE CLINIC	3	SIMEI STREET 6	01	09/10/ 11	EASTPOINT MALL	528833	93271300	9.00AM-1.00PM

**LIST OF CLINICS IN TAMPINES OPEN ON SUNDAY 14 FEB 2021**

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
1	ANSAR CLINIC	BLK 138	TAMPINES STREET 11	01	126		521138	67816694	8.30AM-12.30PM
2	CHIA & LEE MEDICAL & DENTAL CLINIC	BLK 802	TAMPINES AVENUE 4	01	15	TAMPINES POLYVIEW	520802	67812969	8.30AM-12.00PM
3	CROSSROADS FAMILY CLINIC	BLK 601B	TAMPINES AVENUE 9	01	10	TAMPINES GREENRIDGES	522601	65927080	5.00PM-9.00PM
4	GREENFOREST FAMILY CLINIC	BLK 878C	TAMPINES AVENUE 8	01	71		523878	67850157	9.00AM-1.00PM
5	HEALTHWAY MEDICAL	BLK 201D	TAMPINES STREET 21	01	1143		524201	62608801	8.30AM-12.30PM
6	HEALTHWAY MEDICAL	BLK 503	TAMPINES CENTRAL 1	01	311		520503	67890383	8.30AM-1.00PM
7	HEALTHWAY MEDICAL	BLK 710	TAMPINES ST 71	01	134		520710	62609081	8.30AM-1.00PM
8	HEARTLANDHEALTH	BLK 730	TAMPINES STREET 71	01	51	TAMPINES COURTVIEW	520730	65887833	8.00AM-1.00PM 6.00PM-11PM
9	K2 MEDICAL CLINIC	BLK 248	SIMEI STREET 3	01	128	MULTI STOREY CAR PARK	520248	31650146	8.30AM-12.00PM
10	MEDINA MEDICAL CENTRE	BLK 479	TAMPINES STREET 44	01	231		520479	65882756	8.00AM-12.30PM 2.30PM-5.00PM
11	NEPTUNE HEALTHCARE MEDICAL & SURGERY	BLK 328	TAMPINES STREET 32	01	362		520328	67818030	9.00AM-6.00PM
12	NORTHEAST MEDICAL GROUP	30	SIMEI STREET 3	02	01	SIMEI MRT STATION	529888	67838638	8.00AM-10.00PM

S/N	NAME OF CLINIC	BLOCK	STREET NAME	LEVEL	UNIT	BUILDING	POSTAL CODE	TELEPHONE	OPENING HOURS
13	NORTHEAST MEDICAL GROUP	20	TAMPINES CENTRAL 1	01	25	TAMPINES MRT STATION	529538	67867848	8.00AM-1.00PM 2.00PM-10.00PM
14	ONECARE CLINIC TAMPINES	BLK 827	TAMPINES STREET 81	01	142		520827	64435938	9.00AM-12.00PM
15	ONECARE CLINIC TAMPINES MRT	20	TAMPINES CENTRAL 1	01	27	TAMPINES MRT STATION	529538	67853702	8.00AM-1.00PM 6.00PM-9.00PM
16	OUR FAMILY PHYSICIAN CLINIC & SURGERY	BLK 829	TAMPINES ST 81	01	292		520829	67850147	8.00AM-12.00AM
17	PEAK MEDICAL CLINIC & SURGERY	BLK 601B	TAMPINES AVENUE 9	01	05	TAMPINES GREENRIDGES	522601	65136326	8.00AM-1.00PM
18	Q & M MEDICAL & AESTHETIC CLINIC (TAMPINES CENTRAL) PTE. LTD.	10	TAMPINES CENTRAL 1	04	18/19	TAMPINES ONE	529536	67813323	9.00AM-1.00PM
19	RAFFLESMEDICAL	3	SIMEI STREET 6	02	27	EASTPOINT MALL	528833	66361458	8.30AM-1.00PM
20	RAFFLESMEDICAL	10	TAMPINES CENTRAL 1	03	28	TAMPINES ONE	529536	62605116	8.30AM-1.00PM 2.00PM-5.30PM 6.30PM-9.30PM
21	SIMEI CLINIC & SURGERY	BLK 248	SIMEI ST 3	01	132		520248	67855021	7.00PM-9.30PM
22	STREET 21 CLINIC TAMPINES PTE. LTD.	BLK 201B	TAMPINES ST 21	02	1097		522201	67857888	3.00PM-5.30PM
23	TAMPINES CLINIC AND SURGERY PTE LTD	BLK 139	TAMPINES ST 11	01	10		521139	67810072	8.30AM-12.30PM
24	TRUE MEDICAL CLINIC TAMPINES WEST	824	TAMPINES STREET 81	01	26	TAMPINES GROVE	520824	69090324	8.00AM-2.00PM 6.00PM-11.00PM
25	UNITED MEDICAL PRACTITIONERS	BLK 139	TAMPINES STREET 11	01	16		521139	67812281	8.30AM-12.30PM
26	VIVA MEDICAL CLINIC	BLK 450A	TAMPINES STREET 42	01	356		521450	67828020	8.30AM-12.00PM 2.00PM-5.15PM 6.45PM-9.00PM