

HEALTHY LIVING MASTER PLAN

BY THE NUMBERS

MORE THAN **20** GOVERNMENT AGENCIES AND PRIVATE SECTOR PARTNERS ARE INVOLVED IN MAKING THE HEALTHY LIVING MASTER PLAN A REALITY

COMMUNITY

600 PEOPLE HAVE JOINED THE SUNDAYS AT THE PARK PROGRAMME FOR ZUMBA, KICKBOXING AND OTHER ACTIVITIES



58,000 RESIDENTS IN 119 HDB BLOCKS IN SEMBAWANG HAVE HEALTHY LIVING VISUAL CUES AT THEIR BLOCKS



HEALTHY LIVING MASTER PLAN
IN A NUTSHELL

The Healthy Living Master Plan aims to ensure that healthy living is accessible, affordable and participative for all Singaporeans at work, in the community and in schools.

WORKPLACE

350,000 SINGAPOREANS CURRENTLY WORK IN A HEALTH-PROMOTING WORKPLACE



20% OF MEALS NOW SERVED AT MAPLETREE BUSINESS CITY ARE HEALTHIER MEALS



15 BUSINESS PARKS AND INDUSTRIAL ESTATES WILL BE HEALTHY WORKPLACE EC SYSTEMS BY 2020



SCHOOLS

240 CHILDCARE CENTRES + **100** SCHOOLS ARE CURRENTLY ON BOARD THE HEALTHY MEALS PROGRAMME



547,000 STUDENTS IN SCHOOLS ACROSS SINGAPORE WILL HAVE ACCESS TO HEALTHIER MEALS BY 2020



100% of CHILDREN IN CHILDCARE CENTRES WILL BE COVERED UNDER AN ORAL CARE PROGRAMME WITHIN THE NEXT 3 YEARS

